

St. BEUNO'S

IGNATIAN SPIRITUALITY CENTRE

TEN WEEK PROGRAMME IN THE PRACTICE OF RETREAT AND SPIRITUAL DIRECTION

Application Form

Affix here a recent
passport
photograph of
yourself.

Also send a 2nd
photo with your
name clearly on the
back.

SECTION ONE:

- 1.1 Date of Programme:
- 1.2 Name [please give full name in BLOCK CAPITALS]
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- 1.3 Address
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- Town/City
- Postcode/Zip Country if not UK.....
- 1.4 Telephone Number Mobile Number
- Email:
- 1.5 Date of Birth
- 1.6 Status [i.e. single, married, a religious, ordained minister, etc.]
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- 1.7 What is your Christian Affiliation?
- 1.8 For members of religious congregations/orders: please state the name of your Congregation and the date of your entry
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- 1.9 For clergy: what was the date of your ordination?
- 1.10 What is your present occupation?
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1.11 What have been your previous occupations over the past FIVE years?

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SECTION TWO:

2.1 Applicants for the programme are required to have made the Full Spiritual Exercises of St Ignatius Loyola either as a 30 day residential retreat or over a longer period in daily life. In either form, the Exercises must have been individually given [i.e. neither preached nor made in a group].

Have you made the Full Exercises in a form that meets these requirements?
If so, please give details of date, place and director.

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2.2 Have you made other individually guided retreats recently?
If so please supply brief details [e.g. the number and length of these retreats].

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2.3 Are you, or have you been, already engaged in either retreat giving or spiritual direction?
If so in what circumstances?

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2.4 In what ways do you expect to be able to make use of the programme?

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2.5 It would help us plan your programme if you could let us know whether you are familiar with either the Myers-Briggs Personality Type Indicator or the Enneagram.

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SECTION THREE

Without wishing to exaggerate this point, we would want to insist that the programme is fairly intensive and that some people could find the experience of giving direction emotionally stressful. You should also be aware that during the programme participants assume the responsibility of providing individuals with continuous daily guidance through retreats of six to eight days.

3.1 How would you describe the general level of your health?

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3.2 Do you have any special needs? (diet, mobility, hearing etc.)

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3.3 Are you currently receiving any form of medication, medical treatment or therapy?

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3.4 Do you suffer from any chronic condition which you are likely to affect you on this programme?

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3.5 Do you consider that you have sufficient physical and psychological stamina to meet the demands of the programme?

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3.6 How did you hear about this programme?

SECTION FOUR

The information below not only helps us select those applicants who are most likely to benefit from the programme, but setting it down will also contribute to your own preparation for guiding others in faith; by helping you to grow yourself in self-awareness and in the sense of your own life as an unfolding relationship with God.

Therefore would you please, after due time and prayer, write a short account of yourself, **on separate sheets**, indicating something of your background, your occupations and ministry, the reasons why you wish to partake in this programme and your expectations of it. You are asked to include details you consider especially significant

in your life: e.g. home life, education, religious formation, relationships in and out of the family; how you came to your present way of life. As far as you can, say something about the way you pray and about the development of prayer in the course of your life. What are your desires for the future, both for your own further growth and for your ministry?

SECTION FIVE

REFERENCES

You will find, with this application form, two copies of the brochure and two copies of a form for the use of the referees. These should be two people who know you well, and at the level of your inner life. They should each be competent to give a full reference concerning your suitability for taking part in the programme in retreat direction, and for this it is desirable that they should have some sense of the nature of an individually guided retreat.

You are asked to read carefully the form for the use of the referees before sending it on to them, and to inform them that you consent to their responding to the questions posed.

Kindly ask your referees to send their references **AS SOON AS POSSIBLE** to the
THE DIRECTOR, 10 Week Course, St Beuno's, St Asaph, LL17 0AS, United Kingdom

REFEREE 1

Name:.....

Address:

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Tel. No:

Fax No:

Relationship to me [friend, counsellor, etc.]

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REFEREE 2

Name:

Address:

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Tel. No:

Fax No:

Relationship to me

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If you are an ordained minister and/or religious, we ask you to obtain from your bishop and/or major religious superior a letter of recommendation and support. This letter is in addition to the two references mentioned above. You should enclose this letter of recommendation and support when you send in your completed application form.

Applicant's signature: Date: